Re-energising South Africa’s Top Corporates Since 2001.
Who are we: Experts in Team Building.

*Beach and Bush Adventure Expeditions* provides ethical, customer focused, best value team building activities and event logistics to companies, agents, government departments and venues.

Operating since 1999, we have provided awesome corporate experiences for a wide range of customers including many of South Africa’s top companies. All of our programs are sophisticated and the focus is on fun, high value experiences that bring teams together.

We specialise in balancing the values, needs, abilities and challenges facing a group and designing a program that addresses specific group dynamic challenges and ensuring desired goals are met. All within a fun and dynamic environment that ensures buy in from every staff member.

*So join us and take your team to the next level with our dynamic team building products!*
Our client testimonies:

Our tailored half, full and multi day team building packages are **recommended by our customers.**

- ‘I would like to take this opportunity to thank Beach and Bush for the awesome activities planned for The Sharks, the staff thoroughly enjoyed themselves and we have received much positive feedback with regard to the team building’
  
  KIM SMITH - THE NATAL SHARKS

- ‘The IT Team has learnt a great deal about themselves, each other, their roles within the department and what impact each of them have on their colleagues. We are definitely a stronger, more enthusiastic team after our weekend with you’
  
  RICHARD MAYHEW - NASHUA MOBILE

- ‘We have to commend your staff on such an excellent job. I am still receiving rave reviews from all those who attended as it was an outstanding team building experience’
  
  NEERASHNI MAHABIR - EAST COAST RADIO

- ‘Wow, what a success. We are so pleased with the feedback we are receiving the staff loved it. It was fun and relaxed and a nice mix of activities, everyone is still talking about it, thanks for catering so perfectly to the profile of our staff’
  
  CLARE STEWARDSON - SMITH & NEPHEW (PTY) LTD

A few of our 2011/12 clients; a strong field of loyal return customers that says it all.

For a **quick quote** or more information go to our website **www.teambuilding.co.za** or **CALL US** on **031 266 9221**.


Tips when planning a team building event

- An understanding and appreciation of the values, needs, abilities and challenges of the team is a starting point in planning a team building event.
- Prior to booking a team building exercise, canvas the views and ideas of the members of the group, what have they done before, any particular interests or requirements?
- Take into account the age, culture and relative physical ability of the group. Match this to the relative activity of the team building product. Most of Beach and Bush's team builds are low impact and suitable for almost all groups.
- Discuss the desired goal of the team build with your consultant. Certain team builds are targeted at addressing specific group dynamic challenges within a group.
- Attaining buy-in from the group members prior to arrival is always a good idea. This can be done by way of email teasers or cryptic invitations, ask your consultant for advice.
- Choice of Venue is an important factor. The tone of the team build should be matched to the venue chosen. A choice between rustic or luxury is important in relation to the team building to be carried out. In addition travelling time is an important factor.
- Timing of the team building needs to be taken into account. Try to mix physical outdoor team building activities with more relaxing social team building activities.
**TEAM BUILD # 1**

**INDIANA JONES CHALLENGE**

*This portable, on-site adventure event has been designed and themed around the exciting Indiana Jones Movie series.* Teams learn to improve co-ordination, planning, communication and trust through a fun but challenging range of activities combined in a low impact competitive format.

The idea is for groups to compete in a number of unique exciting events in order to collect artifacts which are used to construct a fictional warrior. Being portable, the event can be set up almost anywhere.

This event is customizable and can be run at almost any outdoor venue. Challenges during the event include:

- Ultimate djembe drum war-cry challenge
- Spear throwing and paintball shooting challenges
- Inflatable bridge, raft or tower construction
- Activity course including spiders
- Web, team ski, tube golf, giant maze and magic carpet
- High speed radio control car racing
- Garmin GPS orienteering challenge
- Art challenge
- Giant puzzles

A full safety briefing is given prior to the start and our experienced facilitators ensure that the event is inclusive and that everybody enjoys and participates at a level they are comfortable with.

Trophy and certificates to the winning team.

**Client Testimonies**

‘The IT Team has learnt a great deal about themselves, each other, their roles within the department and what impact each of them have on their colleagues. We are definitely a stronger, more enthusiastic team after our weekend with you.’

- Richard Mayhew - Nashua Mobile

**Specific outcomes:**

Efficient working as a team, focus, goal orientation, planning, attention to detail

**Call us for a quote on 031 266 9221.**

*Price varies according to venue and area. Discounts apply for multiple activity events.*
The CSI Challenge is one of Beach & Bush’s most popular team builds. Based on the TV series of the same name, the CSI Challenge will have you working together in small teams while utilising lateral thinking and common sense to piece together a homicide.

The CSI challenge is divided into sections, and the teams must move through each stage of the overall investigation, completing relevant tasks:

- Crime scene investigation
- Interrogation room
- Ballistics range
- Evidence processing
- Identikit

Although this team build is not structured as a race, time allocations are given for each section to encourage quick thinking and successful planning in approaching each task.

A Beach & Bush facilitator mans each stage group dynamics are analyzed as each group progresses. Teams piece together the evidence to build a case and justify an arrest warrant proving means, motive and opportunity.

Groups are judged according to their skill in successfully completing each of the tasks allocated.

Client Testimonies
We had such a great time. Everyone thoroughly enjoyed themselves, I was so impressed with the CSI Challenge. Thanks to your whole team - it was a huge success - everyone got involved and had fun which was great.

- CIANI GORDON - ALLAN GRAY

Specific outcomes:
Efficient working as a team, focus, goal orientation, planning, attention to detail.

Call us for a quote on 031 266 9221.
*Price varies according to venue and area. Discounts apply for multiple activity events.
The uShaka Challenge team build is an on-site adventure challenge which is a cross between the “Amazing Race” and “Fear Factor” held at uShaka Marine World, Durban. Get wet, meet a pirate, build a raft, test your artistic talents and attempt to attain the title of “uShaka Challenge Champions”.

The uShaka Challenge is one of Beach & Bush’s most established team builds and has been successfully run with groups as diverse as Unilever, BMW, MTN, Vodacom, Standard Bank, and many other corporate and government groups. The appeal is that the uShaka Challenge team build is low impact and the focus is on fun while, the challenges are structured to encourage fundamental team building outcomes such as, improved communication, cohesion and respect for roles and norms.

WET (following 3 + choice of 5 Dry):
• Lazy River Catch Up Race: find a clue in the river running through the park
• Snorkel Lagoon Treasure Hunt: find a clue hidden in the lagoon
• Chicken Run Plunge: go down a 90 degree slide holding an egg without breaking it

DRY:
• Wimpy Challenge: have to make something and eat it
• Activity Course: Spiders Web, tube race, team ski, magic carpet
• Art challenge: Complete a cultural painting to the satisfaction of the judges
• Polaroid Camera Aquarium challenge: find a clue situated in the aquarium
• Ghanaian Djembe Drums and other items to put together the ultimate team war-cry
• And many more

Client Testimonies
“We cannot stop talking on how much of fun we had and how this team building exercise has actually brought us much more closer to each other.”
- GERALD VAN WYK - SUNCOAST CASINO

Specific outcomes:
Team-work efficiency, focus, goal orientation, planning, fun, communication, ice breaking

Call us for a quote on 031 266 9221.
*Price varies according to venue and area. Discounts apply for multiple activity events.
Beach and Bush’s Minute To Win It Cocktail Challenge team build is a fantastic alternate to physical team building and a sure way to get the party started. A low impact challenging event based on the popular TV series of the same name. Hilarious tasks await contestants as they compete head to head for their team.

Participants spend time in groups completing low-impact / mentally challenging tasks in a set time limit as per the popular television show. They then end off by creating unique cocktails which are graded and presented to the group.

A stage is set up for the event and teams face off as they watch the show unfold before them. The set-up is entirely professional with audio visual support including large screen blue-prints, music and countdown timer.

The first stage consists of groups competing directly across a series of classic ‘Minute To Win It!’ puzzles and tasks. Team Members earn points as they attempt to complete seemingly simple but deceptively challenging activities in the allowed 1 minute time period. The activities include:

- Face the Cookie
- Bobble Head
- Bottoms Up
- Giant Pictionary
- Rapid Fire
- Tilt-a-Cup
- Baby Blockin’
- CD Dominos
- Caddy Stack
- A Bit Dicey
- Movin’ On Up

Client Testimonies

‘I would like to thank the team of Beach and Bush for a wonderful team building session on Friday. We all thoroughly enjoyed ourselves and I would definitely be recommending you guys to other departments within our company.’

- REUBEN ANTHONY
- TIGER BRANDS

Specific outcomes:

Relax, interact outside of workspace, co-ordination, time Management

Call us for a quote on 031 266 9221.

*Price varies according to venue and area. Discounts apply for multiple activity events.
The popularity of this event is indicative of the need amongst many corporates to provide an active event for their staff. Beach & Bush’s Beach or Field Olympics team build combines an exciting morning or afternoon of low impact activities with a fun day on the beach or any sports field. Why not treat your staff and give them a day out of the office with a difference.

Beach and Bush’s Beach or Field Olympics team build is suitable for groups of 16 - 300 plus. Participants are placed in teams or +/- 6 and compete against each other on a round robin basis. Beach Olympics activities include:

- Volleyball
- Soccer
- Frisbee Golf
- Limbo Dancing
- Tug-Of-War
- Cricket
- Egg and Spoon Races
- Sack Races

Teams are scored according to a win, lose or draw system and the team with the highest score WINS!

Although physical, the events do not require any serious level of fitness and participants are free to cheer their teams on in the event that they prefer to sit out some of the more active options.

Each round robin takes 30 minutes; 20 minutes for the event and a 10 minute break to catch your breath and put your feet up. Beach & Bush will set up Gazebos on the beach or field for your team build.

Client Testimonies

“The team build itself was awesome, everyone loved it, the assistants were very friendly and facilitated excellently. We would give it a 10/10.”
- Catherine Clark - The Unlimited

Specific outcomes:
Fun, competition, goal orientation, co-ordination, relaxation and ice breaking

Call us for a quote on 031 266 9221.
*Price varies according to venue and area. Discounts apply for multiple activity events.

www.teambuilding.co.za
TEAM BUILD # 6

BIG PICTURE ART CHALLENGE

This team build focusses on challenging a group creatively and aims to ascertain whether they can effectively communicate and co-ordinate in order to create a large scale picture from smaller parts. The focus here is not on competition but rather on collaboration.

A basic acrylic painting course is presented before the start of the activity. Planning is essential and teams will need to discuss and delegate the various aspects of the activity. Delegates must work effectively both within groups and between groups in order to successfully put together ‘The Big Picture’.

At the end of the exercise the teams have the option of having the piece of art framed and it can then be mounted in the offices of the company. This event can be held outdoors or indoors at most venues. This is a great option for a group looking for a fun, low impact activity that can be done indoors. The programme runs as follows:

- Meeting with client to ascertain desired outcome in terms of both the team building session and the artwork to be created.
- ‘In-house or Beach & Bush Designer designs a graphic that represents the goals, mission and important concepts that represent the company.
- On the day of the event teams paint the separate parts of the ‘Big Picture’ using high quality materials.
- Teams are required to coordinate not only their own members but also manage inter-team coordination in order to ensure that colours are correct and design elements line up.
- Once the art is completed, it is hung and an official reveal is held.

Client Testimonies

“You guys did an absolutely outstanding job yesterday and we could not be happier with the result. I do not know how you guys managed to rein in and control so many people. It was really fantastic working with you.”

- CLARE VAN RENSBURG - PRIVATE PROPERTY

Specific outcomes:

- Creativity, planning, communication, roles and norms, time management

Call us for a quote on 031 266 9221.

*Price varies according to venue and area. Discounts apply for multiple activity events.
A great cross-cultural South African tradition.

A powerful team development experience as groups compete to prepare the ultimate potjie meal. A brilliant way to spice up a corporate event or breakaway or for leisure groups looking for an exciting ice-breaker.

The Potjie Challenge can be incorporated into most itineraries and is an excellent way to combine team building with a meal. Most resorts are happy to integrate a planned evening or lunch meal with this challenge.

The format of the event is as follows:

- Team build group is divided into teams.
- Potjie pots, fires, ingredients are provided.
- Full briefing is given regarding the rules to be followed.
- The extensive range of ingredients, sauces, herbs etc provides teams with the freedom to prepare the potjie to their specification.
- Teams are required to explain up-front what their pots will taste like on completion.
- Judging follows strict culinary guidelines, contestants are judged according to taste, presentation and consistency.

On the completion of judging the potjies are laid out and the delegates may choose which potjie to eat.

*NEW* Now includes ‘TASTE TEST’ activity as per the TV show, teams must taste and identify 12 items and identify the ingredients in question.

Client Testimonies

“The team build went so well. It was more than I had expected and am so grateful to you guys for giving us a good time. Sean was amazing and the team just loved him! Please do give him my best.”

- PATIENCE - COCA-COLA

Specific outcomes:

- Efficient working as a team, focus, goal orientation, planning, attention to detail

Call us for a quote on 031 266 9221.

*Price varies according to venue and area. Discounts apply for multiple activity events.
**MOVIE MAKING CHALLENGE**

*This is a fun, highly interactive programme where every single person can get involved, regardless of their age, level of fitness or physical abilities.*

Each team works together to write a script, produce, direct and act in the “Movie” using limited resources. Teams are given a “Movie Making Kit” which contains an assortment of materials, props and goodies. Everyone has to tap into both their creative and practical abilities as they start to produce their movie.

Movie Making provides excellent value for money because not only does it provide an afternoon of team building but great entertainment when the teams get to view the movies. Awards can be arranged and given with due ceremony for the various categories, often recognising and celebrating some hidden talents.

Movie Making can be easily adapted to meet your various requirements and options include:

- Producing a “mini movie” with a given title
- An advertisement for an existing or future product
- A news broadcast
- A weather forecast.

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**Client Testimonies**

“I have only heard great feedback from the teams – thank you so much for everything! They said it was such fun and so different, mind boggling and a great way to ignite interest.”

- CATHERINE GREAVES - BIEERSDORF

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**Specific outcomes:**

Efficient working as a team, focus, goal orientation, planning, attention to detail

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Call us for a quote on 031 266 9221.

*Price varies according to venue and area. Discounts apply for multiple activity events.*
Beach and Bush’s fantastic team build, based on the TV show, The Amazing Race. This adventure race is an off-site team-based race where teams are allocated a car, decide on a driver and race each other to complete a series of events. First team home... WINS!

The amazing race is customised to the area in question. Beach and Bush have set up routes throughout South Africa, but are always willing to re-quote and re-plan according to your needs.

The tone of Beach and Bush’s Amazing Race team build is sophisticated, yet fun. Events are chosen based on your desired team building outcome. Challenges such as the ‘art challenge’ are geared to set a more sophisticated tone.

Events such as the ‘road block’ and ‘giant puzzles’ test your skills whilst keeping the event light hearted and fun.

Brief overview:
Teams meet at the start of the race. They are given instructions on the route and details of the challenges, which can be completed in any order. Teams begin the race, completing all the challenges as quickly as possible, acquiring clues after each challenge allowing them to proceed. The objective is simple... Complete all the challenges and be the first team home.

Client Testimonies

’I cannot thank you more for a wonderful experience. Everyone thoroughly enjoyed themselves and I am sure we will be laughing from months to come. All your people were divine and made the day extra special.’
- WENDY MCLEOD - CMH

Specific outcomes:
Efficient working as a team, focus, goal orientation, planning, attention to detail

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*Price varies according to venue and area. Discounts apply for multiple activity events.
A teambuilding adventure themed around the popular Pirates of the Caribbean series, teams use the pirate map provided to complete the activities and emerge as the winning 'crew'.

- Amazing race (delegates complete a range of activities over a defined area as quickly as possible, start and finish points are the same)
- Groups travel around the area finding locations and completing tasks. At each location, there is a manned activity to be completed.
- Suitable for team build or corporate leisure group
- Designed to be fun, accessible to all groups, and interactive yet challenging
- Safety is a priority, full safety briefing and rules in place to minimise any risk
- GPS units will be issued to each team to assist them with staying on track.

Timing:
3 hours (As the event is a race, teams finish at various times)

Activities:
Blow Dart Challenge, Build the 3d Pirate Ship Puzzle, Bury your Team Mate, Treasure Dig, Giant Catapult, Pirate Ice Cream Guzzle, Pirate Art Challenge, Giant Pirate Slide Puzzles, Pirate Conundrums.

Areas:
The areas covered include beach, pools area, beach club, resort.

Client Testimonies
We had an absolute blast! The facilitators were really awesome – they had great energy, kept us all entertained and made the event fun for us all. I think the atmosphere created was full of enthusiasm and excitement from the teams and credit must go to the facilitators for the way they engaged us and kicked everything off with a bang.
- VARSHA SUKHU - THE UNLIMITED WORLD

Specific outcomes:
Efficient Working As A Team, Focus, Goal Orientation, Planning, Attention To Detail

For pricing info:
Chat to your Sales consultant or any of the conferencing staff at the hotel
This super-fun and exciting activity is designed to challenge a team both creatively and technically in a fun and energised competitive environment.

Focus is on encouraging team members to think through various tasks. Only by forming sub-teams and working in parallel can the creations be achieved. With a good vision of the end goal, this complex project can be broken down to keep the whole team engaged and collaborating effectively for a successful build.

The Go-Kart Construction Challenge is all about the crew and driver. Your group will be split up into small racing teams whose goal will be to build a custom car for a people-powered race. Once the team has developed a unique brand for their car, the Pit Boss will assign each team member a role. Each team member must work together in their various roles if they are to revel in the winner’s circle.

Each team develops a blueprint design that must be approved by Event staff for safety. Team members must then build and decorate their racing car and driver as well! Each team’s driver must don a customised race suit created by team mates.

To fire up the team spirit and prepare their driver for competition, team members will create and perform their very own “Champions’ Chant”.

Teams will race against each other to see who will make it to the final Winner’s Circle. Award medals will be presented for various categories. Aspects of the program may be modified depending on the venue, program length and group size.

There is plenty of creativity with ‘pimping’ of the cars, and practice makes perfect as the final race is won or lost in the pit stop.

Client Testimonies

‘Wow! We had such an awesome day so thank you to you and the guys – all the staff thoroughly enjoyed themselves. Thank you once again, when the time comes we will definitely use your company again.’

- SANDY HOOMOEDT - AFNET

Specific outcomes:
Team-work, Assigning Roles, Goal Orientation, Planning, Coordination, Time Management

Call us for a quote on 031 266 9221.

*Price varies according to venue and area. Discounts apply for multiple activity events.
Bring your staff and their families together for a wonderful bonding experience on one of our unique family day packages. We have put together exciting day events for up to 5000 staff members and their families. Combining our ability to entertain both young and old and ensure the smooth running of family events, Beach and Bush is the ideal company to handle your next family day.

We have a wide range of options and can provide and combine:

- Art stations
- Kids activities
- Sports
- Inflatables
- Rides
- Live entertainment
- Treasure hunts
- Unique and exciting prizes
- Dance-offs etc.

The key to the smooth running of any family day is correct timing and combination of activities and we always get the mix just right.
How to bring back the wow factor? Beach and Bush Adventures specialises in putting together specialised programs for clients. Got an exciting idea? Speak to us and we’ll put together something truly unique. From community development to projects to Arab Dhow land races, we’ve done it all over the years and have the experience and inventive ability to take a new team building or event idea from concept to completion.

A few of the exciting 1 off events that we have run:

- Specialised family days
- Vehicle based events
- Sailing regattas
- The big quiz focussing on various sports, movies or music (our Noot vir Noot quiz is always a huge hit)
- Specialised beach events incorporating water sports

We relish a challenge and will work with you to make your idea reality!

Client Testimonies

‘It was fantastic as always! You guys are so reliable, well organized and professional and I can’t wait until our next event!’

- JANINE CORDINGLEY - NEDBANK

Specific outcomes:

Can be customised to suit any required outcomes

Call us for a quote on 031 266 9221.

*Price varies according to venue and area. Discounts apply for multiple activity events.
For a *quick quote* or more information go to our website [www.teambuilding.co.za](http://www.teambuilding.co.za) or **CALL US** on 031 266 9221.

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